



An evening with

Stephen and Martine Batchelor

**Meditation instructions, meditation,
talk on Secular Buddhism, discussion**

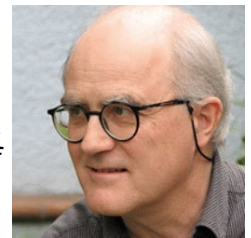
at the **Jagera Arts Centre**

121 Cordelia Street, Musgrave Park, South Brisbane

Friday 9th March 2012, 6:30 - 9:30pm

[Stephen and Martine Batchelor](#) are both Buddhist writers, translators and teachers.

Stephen is known for his secular views and his bestselling book *Buddhism without Beliefs*. He was a monk for 10 years, first studying and practicing Tibetan Buddhism and then Korean Zen. He travels widely, teaches regularly in North America and Europe, and is one of the guiding teachers of the Gaia House Meditation Centre in England. His most recent books are *Living with the Devil: A Meditation on Good and Evil* (2004) and *Confession of a Buddhist Atheist* (2010).



Martine's most recent book is *Let Go: A Buddhist Guide to Breaking Free of Habits*. She was a Buddhist nun for ten years studying Zen in Korea, Taiwan and Japan and she now lives with her husband Stephen in France and teaches worldwide. Her books include *A Women's Guide to Buddhism*, *Principles of Zen*, the illustrated *Meditation for Life* and *The Spirit of the Buddha*.

- 6.30 meditation instructions from a Secular Buddhist perspective (Martine) will explore foundational practices of Buddhist meditation: (mindfulness, concentration, and experiential enquiry). These practices will be presented as an integral part of a way of life that includes ethical responsibility and creative awareness.
- 7.00 sitting meditation
- 7.20 walking
- 7.30 sitting
- 7.50 break - Option to arrive at this time for the talk and discussion only.
- 8.00 talk on Secular Buddhism in the West (Stephen) This talk will explore the emergence of a secular vision of Buddhism, which discards traditional Indian Buddhist doctrines such as reincarnation. Is this process of secularisation a healthy development in the coming of Buddhism to the West? It may enrich our understanding of the Dharma, or it may risk "throwing the baby out with the bathwater"; turning Buddhism into a culture of self-help and psychotherapy?
- 9.00 discussion: Q & A with Stephen and Martine
- 9.30 end

No booking or registration needed for this program: just turn up.

Like many Buddhist Dharma teachers, Stephen and Martine choose to teach on a dana (generosity) basis, as has been the tradition for over 2500 years. There will be a dana box at the end of the talk for offerings to the teachers. Please bring cash for this purpose. Stephen and Martine rely on these offerings to cover their living expenses.

For further details email [dharmacloud \[at\] dharmadharma.org.au](mailto:dharmacloud@dharmadharma.org.au)

Stephen and Martine are also offering retreats in Northern New South Wales, see www.dharma.org.au/bat