

Turning Up: A Dharma of Human Connection



February 3-8, 2012 at Hartzler Park Centre, Bowral

with Joyce Kornblatt and Christopher McLean

Join us on a 5-day Buddhist retreat in which we'll explore the ways in which the Dharma reveals itself in the dynamics of relational life. In silent meditation and dialogical practices, we'll investigate: object relations, interdependence, embodiment, the feeling life and the non-dual perspective.

How does the Buddhadharma arise from our embodied life? How does our suffering manifest in our interactions with others and the natural world? If we bring a kind heart to this suffering, what freedom is possible?

When: Friday, February 3, 2012 at 5 p.m to Wednesday, February 8 at 2 p.m.

Where: Hartzler Park Centre, Bowral, <http://www.hartzlerpark.org.au> Everyone will have a private room. All meals vegetarian, provided by a wonderful external caterer in Bowral.

Fee: \$675, which includes accommodation; all meals and morning/afternoon tea. The teachers will charge no fee, so you are invited to make a voluntary contribution—dana—during the retreat. Scholarships are available.

Further Inquiries & Registration: There is an inquiry form at www.cloudrefuge.org (See 'February Retreat' on the top menu.) **You can also register on the website.** Payment details are given there.

Teachers: Christopher McLean and Joyce Kornblatt

Christopher has practiced Buddhadharma for forty-two years. He has been teaching in the Insight Meditation tradition for the last nine years. Christopher is a trained psychotherapist and a certified Focusing trainer. (www.christophermclean.net.au)

Joyce has practiced Buddhist meditation for decades, is a writer/teacher and Hakomi-trained psychotherapist. (www.joycekornblatt.net). She is the founding teacher of Cloud Refuge Sangha, Blackheath, in the Blue Mountains. (www.cloudrefuge.org)

For it is important that awake people be awake,
or a breaking line may discourage them back to sleep;
the signals we give—yes or no, or maybe—
should be clear: the darkness around us is deep.

—*William Stafford*