

Kalyana Mitta Sangha - Patrick Kearney in Perth

“Community of Good Friends”

INSIGHT MEDITATION RETREAT

Dates: Fri. 23rd April to Sat. 1st May, 2010.

8 Nights. Includes Anzac long weekend.

Retreat ends at 11.00am on Sat. 1st May.

Retreat Teacher: Patrick Kearney

Internationally recognized Meditation Teacher in the Theravadin Buddhist Tradition

Venue: Jhana Grove Retreat Centre, Serpentine

The practice of insight meditation develops an intimacy with our own lived experience, through systematic attention to the movements of both body and mind. Clarity and calm are cultivated, and we learn to work effectively with difficult emotional patterns and life situations.

The practice is cultivated in the four postures of moving, standing, sitting and lying down. It is supported by a calm and spacious environment, along with nourishing vegetarian meals.

COST of retreat facilities and food:

\$100 minimum deposit. Closing date for registration and full payment is March 26th 2010.

Early Bird option: A reduction on the cost applies if FULL money received before Feb 26th.

	Options	Early Bird cost	Cost after Feb 26th
1	Full Retreat 23rd April to 1st May '10	\$ 355	\$400
2	Weekend 23rd April to 25th May - Preference given to full 8 nights retreatants	Not available	\$165
3	Weekend plus extra nights	Not available	\$165+\$45 per extra night

HOW TO REGISTER:

- Contact the Registrar (see below) for an email copy or postal copy of the registration form.
- Make cheque payable 'Patrick Joseph Kearney', c/- 143 Samson St, White Gum Valley 6162
- Or direct debit to BSB: 062.521; Account Number: 10460287; Commonwealth Bank.
Account Name: Patrick Joseph Kearney. Please put your name in the subject line.
- A confirmation and full information letter is sent when your registration and deposit is processed.

DANA: In line with Buddhist tradition, Patrick's teaching is his gift to his students, which is returned through their material support for him.

Further information:

Managers: Bavali Hill 9335 3847; bavali [at] iinet.net.au

Suzie Strong 98409345; M 0401158475 susiestrong [at] westnet.com.au

Registrar: Premdaya Gilovitz 93358392; M 0408358392 rgte [at] globaldial.com

Registration and Refund Policy:

Due to a tight operating budget, Kalyana Mitta Sangha has a clear policy on the registration payment deadline and refund policy to deter late withdrawals, as it is difficult for replacement registrants to reorganize their plans at short notice.

- If withdraw one month or earlier – full refund is given on Registration payment.
- If withdraw between 2 to 4 weeks prior – ½ refund is given, less \$50 admin fee.
- If withdraw less than 2 weeks before hand – no refund is given.
Reasons of sickness, accident or family death will be given consideration.

Please assist us by making your full payment prior to February 26th, 2010.

About Patrick Kearney:



Patrick Kearney is an independent dharma teacher in the lineage of Mahasi Sayadaw, part of the Theravada tradition of Buddhism (the form of Buddhism found in Sri Lanka and South East Asia). Patrick has trained extensively in the Mahasi approach to insight meditation, his principle teachers being Panditarama Sayadaw and John Hale. He has also trained in the Diamond Sangha lineage of Zen Buddhism. His original teacher was Robert Atkin Roshi, and he has since studied with other Diamond Sangha teachers in Australia.

Patrick has a particular interest in the original teachings of the Buddha - Buddhism as it was before Theravada or Mahayana was ever thought of. He studies Pali, the language of the earliest surviving Indian recession of the Buddha's teachings, and seeks to bring his understanding of the early texts to the practice of dharma in the contemporary world.

Patrick is noted for his clear instructions and his alive translations of the early texts. His precise and creative guidance and his down-to-earth humour are hallmarks of his teaching style. **His full teaching schedule, along with dharma talks and writings (available for free download), can be found on his website, www.dharmasalon.net.**

About Kalyana Mitta Sangha:

Kalyana Mitta Sangha (Community of Good Friends) is the not-for-profit vehicle for organising Patrick's retreats. It is in the process of becoming an incorporated association under the NSW Office of Fair Trading.

With thanks to Perth Insight Meditation Group:

Our thanks are extended to Perth Insight Meditation Group for their support of the dharma in Perth and for their kind assistance to this retreat.