



Registration Form

2018 Supported Solitary Month, Kallara, Strathbogie Ranges

Monday 30th July - Wednesday 29th August
First half: Monday 30th July - Tuesday 14th August
Second half: Tuesday 14th August - Wednesday 29th August

Name
Address
.....
Phone number(s)
Email address
Male Female Age

Are you applying for the whole month, the first half or the second half (tick one only)?

Whole month. First half only Second half only

Have you done at least three weeks on silent meditation retreats? Yes ... No ...

Contact person in case of emergency

Relationship of contact person (eg, friend, partner, parent)

Phone number(s) of contact person

Special dietary needs if any, other than vegetarian

.....

Any other special needs?

.....

Transport to and from Kallara

If you can offer a lift, please say from where and number of people

If you'd like a lift, please say from where

Teachers

There are six listed teachers available for twice-weekly interviews. People can also make arrangements with another teacher for interviews. The listed teachers are:

Subhana Barzaghi
Ellen Davison
Victor von der Heyde

Mal Huxter
Kirsten Kratz
Christine Thompson

Of these, at this stage only Victor von der Heyde will be at the retreat and offering face-to-face interviews. Other teachers will be offering twice weekly interviews via Skype. Two laptops with Skype will be available for this purpose on the retreat. Participants will generally have the one teacher for the duration of the retreat. Subhana Barzaghi will only be taking people who have completed one or more retreats with her. Kirsten Kratz will only be available for the first half of the retreat. Since she lives in the UK, her interviews will take into account the different times zones. Mal Huxter will only be available for the second half of the retreat.

Please list your preferred teachers in order of preference (unless you're making arrangements with another teacher):

1.

2.

3.

4.

5.

If you have listed Subhana Barzaghi, when and where did you do a retreat with her?

.....

Teachers will be allocated on a first requested basis with people doing the full month given priority.

If you wish to have interviews with a teacher not listed, all teachers in the Insight Network Teachers Group (on www.dharma.org.au) and all teachers listed on www.dharmaseed.org are acceptable. For teachers not in these groups, please check with the registrar before you make any arrangements.

If you have made an arrangement with a teacher not listed, please ask them to email the registrar confirming that they will be offering two interviews with you each week of your retreat.



Acknowledgement of Risks

On silent meditation retreats people can experience intense and unusual psychological, spiritual and/or physical states. Retreats may not be helpful for people with particular psychological conditions. On this particular retreat centre there will be less personal support for most participants since most of the teachers will not be on site.

In voluntarily participating on this retreat I am aware that I may be exposed to risks that may lead to psychological issues. I have considered the risks before choosing to sign this form. I still wish to participate in the retreat. I accept that in signing this form I will take full responsibility and liability for my own property, health and safety.

Name

Signature

Date.....



Participant Information for Teachers

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Information on this page is confidential and will only be seen by the registrar and teachers

Name

Male Female Age

Life situation / occupation

.....

Do you have or have you had any alcohol or drug dependency? Yes No

If yes, please describe and state whether past or current

.....

Do you have or have you had any diagnosis of a mental health condition

Yes No

If yes, please describe and state whether past or current

.....

Do you have any medical condition(s) that might require treatment during the retreat?

Yes No If yes, please describe

.....

Outline background in meditation retreats, covering at least three weeklong retreats (or

equivalent in terms of time on retreat)

.....

.....

Physical, emotional or other conditions that might be an issue on the retreat

.....

.....

Signature

Date



Payment of retreat fees and terms

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Retreat fees:

- Full month - \$1,980
- 15 nights - \$1,000

Melbourne Insight Meditation is a not-for-profit organisation, and the retreat fees above cover the basic costs of food, accommodation, some administration associated with offering the retreat, and some of the on-site teacher and manager costs. The retreat cost does not cover the interviews, as these are offered freely in accordance with the Buddhist tradition. Students are invited to make a *dana* (donation/gift) offering to the teacher via the *dana* box at the retreat, or directly to them via an EFT transfer (details will be provided at the retreat).

Registering for the retreat:

Retreat fees include a minimum non-refundable deposit of \$125 required to confirm your booking.

- Early registration is encouraged, as places are limited.
- If the retreat is fully booked upon registration, you will be notified and your name will be placed on a waiting list. You will then be contacted if a place becomes available.

To secure your place on the retreat, we ask that you complete the following three steps:

1. MAKE PAYMENT:

- a) EFT (preferred method), to the following account:
BSB: 033086 (Westpac) ACC: 355486 Name: Melbourne Insight Meditation Group
Please include as reference to your payment, please specify "So18" and INCLUDE YOUR NAME (so we can confirm your payments)

2. CONFIRM PAYMENT:

Once your payment is made, please email the following to month-long[at]dharma.org.au (replace [at] with @):

1. Your full name and address
2. Date of payment
3. Method payment (EFT or cheque)
4. Amount paid

PLEASE NOTE: the balance of your fee is due no later than FRIDAY 29th JUNE 2018. If your balance is not paid by this date, your place on the retreat may be offered to someone else.

3. SEND YOUR REGISTRATION FORM:

Complete your registration form, and either –

- a) Complete and email to month-long[at]dharma.org.au (replace [at] with @), or
- b) Post a hard copy to Robyn Gibson. Contact Robyn at the above email address for a mailing address.

When your Registration Form and deposit have been received, a letter of confirmation will be sent to you, which includes practical details about the retreat (directions, what to bring etc.).